



Kardon Institute

2009-2010 Self-care Series:

On the first Thursday of every month we will host 90 minute workshops focused on self-care facilitated by local creative arts therapists. Participants pay \$10.00 in cash to the facilitating therapist. Attend three workshops and earn 5 CMTE credits or 6 CEU hours.

Visit our website events page for detailed information about the speakers, workshops, learning objectives and earning continuing education credits for all modalities, including LPC's. www.kardoninstitute.org

Register by email:

cwineberg@kardoninstitute.org

SCHEDULE:

October 1 "How Do I Want to Move?"
Serena Hadsell, MA, DTR

November 5 "Sing it, Say it, Play it! Using
Music in Supervision."
Kelly Meashey, MMT, MT-BC, FAMI

December 3 "Relax and Renew with Yoga"
Mary Duffy, MA

January 7 "A Guide to Rejuvenation"
Gail Perkin, ATR-BC, LPC

February 4 "Nurturing Your Musical Self"
Scott Horowitz, MA, MT-BC

March 4 "Balancing Therapeutic Relationships"
Mark Bottos, MCAT, DTR

April 1 "Becoming a CAT"
Roia Rafieyan, MA, MT-BC

May 1 "Compassion Fatigue"
Karen Rider, ATR-BC, LPC

June 3 "Nurturing the Nurturer"
Andrea Miner-Isaacson, PhD, ADTR

Kardon Institute for Arts Therapy
10700 Knights Rd.
Philadelphia, PA 19114



Change Service Requested

**Kardon Institute for
Arts Therapy presents:**

ETHICS FOR THE CREATIVE ARTS THERAPIST

Donald Bersoff, PhD, JD

Ellen Schelly Hill, ADTR, LPC, NCC

Karen Estrella, PhD, ATR-BC, MT-BC, LMHC



**LPC credits
available!**

October 30, 2009

8:30AM—3:30PM

About the presenters:

Donald Bersoff, MA, PhD, JD is Professor of Law and Psychology and Director of the JD/PhD Program in Law and Psychology co-sponsored by Drexel University's Earle Mack School of Law and the College of Arts and Sciences. He also consults with attorneys and mental health professionals on ethical and malpractice issues and has testified as an expert witness in such cases. He received his PhD from New York University in 1965 and his JD from Yale Law School in 1976. From 1979-1989 he served as the first general counsel of the American Psychological Association. In 2000 he was given the Pennsylvania Psychological Association's Ethics Educator of the Year Award and in 2002 the American Psychology-Law Society's Lifetime Achievement Award. He is the author of *Ethical Conflicts in Psychology* (4th ed.) published by APA in 2008. He is currently one of five nominees for President of the American Psychological Association.

Ellen Shelley-Hill, ADTR, LPC, NCC is the Director of the Dance/Movement Therapy Program at Drexel University. She teaches the Professional Orientation and Ethics course for the M.A. Creative Arts in Therapy students. She has more than 25 years teaching, supervision, and clinical experience.

Karen Estrella, PhD, ATR-BC, MT-BC, LMHC coordinates the Expressive Therapy track at Lesley University and has 20 years experience practicing expressive arts therapies and mental health counseling in community-based settings. She has a particular interest in multicultural issues and has researched multicultural competencies for music and art therapists, and issues of social class identity development for psychologists.

"The Ethics of Creative Arts Therapy" is approved by the CBMT for 6 CMTE credits. Credits awarded by the CBMT are accepted by the NBCC. Kardon Institute, P-076 maintains responsibility for program quality and adherence to CBMT policies and criteria.

Credits are recognized by the ACTB, ADTA and State Board for Social Workers, Marriage and Family Therapists and Professional Counselors.

Agenda:

8:30 AM Registration, pastries & coffee

9:00AM Donald Bersoff: Ethics for the Creative Arts Therapist

11:00AM Ellen Shelley-Hill, The Ethics and Practice of Self-Care

12:30PM catered Lunch

1:15PM Karen Estrella, Multi-Cultural Competency as an Ethical Imperative

3:30PM Conclusion & learning evaluations

Participants will :

Learning Objectives:

- 1) Identify problems raised by codes of ethics and learn alternative methods of analysis to address ethical dilemmas.
- 2) Understand nonsexual multiple relationships.
- 3) Articulate why self-care is an ethical responsibility
- 4) Understand the major multicultural issues in the creative arts therapies in the US clinical context.

Directions to the Kardon Institute for Arts Therapy can be found on our website:
www.kardoninstitute.org

Registration Form—detach and mail by October 23, 2009

| Registration type | Price |
|--|---------|
| <input type="checkbox"/> Professional | \$95.00 |
| <input type="checkbox"/> Student with valid ID | \$50.00 |
| <input type="checkbox"/> Kardon Employee | \$50.00 |

Subtotal: _____

Total: _____

Method of Payment

- Check (made payable to KIAT)
- Credit Card (Visa, Mastercard or American Express)

Credit Card # _____ Exp. date _____

Signature _____

Name _____

Address _____

Phone _____

Email for confirmation/correspondence _____

**Mail to: Kardon Institute for Arts Therapy
10700 Knights Rd.
Philadelphia, PA 19114**

Cancellation Policy: Reservation cancellations before **October 23, 2009** will be refunded in full. Cancellations after that date will not be refunded. KIAT reserves the right to substitute faculty in case of emergency to ensure that the full number of CMTE credits can be earned.

