

MARAMTS

Mid-Atlantic Region Association of Music Therapy Students

“(Music therapy) can make the difference between withdrawal and awareness, between isolation and interaction, between chronic pain and comfort – between demoralization and dignity.”

-Barbara Crowe (Past President of NAMT)

Letter from the Editor

Students of MARAMTS,

I hope you have all had a wonderful Fall Semester thus far and I can't wait to see you all at our Regional Conference in Baltimore, Maryland. MARAMTS has been very busy since Saratoga Springs preparing for this year.

This issue of MARAMTS newsletter will cover some of the changes we have made and new additions to continue to promote MARAMTS and music therapy in the Mid-Atlantic Region.

A huge thank you must go out to the members of the executive board and the individual school's chapter representatives for their contributions to this edition of the newsletter. Your work and dedication to MARAMTS is always appreciated.

Enjoy!

DeAnna Klapp
Fall Newsletter Editor
2011-2012

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MAR_AMTS on Twitter



Letter from the President

I hope that you are all enjoying your semesters so far and are looking forward to all of the exciting things happening in music therapy and in our region this year. There is certainly a lot to be excited about!

We started out our year in July with having the Summer Executive Board Business Meeting in Pittsburgh, PA. This meeting was used to plan for events for the upcoming year, propose new and revise bylaws, and to discuss fundraisers. Due to a vacancy in the Executive Board, I moved into the position of President, Emily Walsh accepted the position of Vice President, and Melinda Korte was voted into the position of Government Relations.

My main focus after these meetings was collaborating with the MAR-AMTA Executive Board in order to plan for the Fall Business Meeting, held in Scranton, PA at Marywood University. The Executive Board was joined by Chapter Representatives from each school to discuss plans for the year, vote on proposed bylaws, the budget, and fundraisers, and to learn about the activities of each school in our region. Other important subjects included: involvement in advocacy, sister school projects, and participating in an AMTAS national project. Please look to your Chapter Representatives for more information about all of these exciting changes and upcoming opportunities.

I am currently looking forward to attending the AMTA National Conference in Atlanta, GA in November. Emily Walsh, Dr. Hahna, and myself will be attending meetings there to represent our region, collaborate with the AMTAS Executive Board, and to learn about what is happening in other regions. Many schools in our region will also be participating in, or donating to, the AMTAS Drums for Jamaica Project. I look forward to hopefully seeing some of you in Atlanta!

We are pleased to announce that MARAMTS will once again be offering scholarships to students, clubs, and interns within the MAR-AMTA Region. More information on these are presented later in the newsletter.

I would like to wish to wish to you all the best of luck in your studies and your field work as you grow in becoming talented Music Therapists!

The 2012 MAR-AMTA Conference will take place in Baltimore, MD from March 22-24. This year's scrapbook pages, created by each school, will be displayed during the conference so that students and professionals have an opportunity to see what we have all been up to. The annual Student Service Project is currently being planned and

Kaillie Enser
MARAMTS President

Letter from the Vice President

Hello MARAMTS!,

What an exciting year it is to be on the executive board for MARAMTS! As an entirely brand new executive board, we have been continuously welcoming fresh ideas for the students in our region. As Vice President, I have the honor of being able to serve as a voting member not only for MARAMTS, but for the MAR board as well. Dipping my toes into the waters of both student and professional meetings has proven to be very valuable personal experiences, and it is my hope that MARAMTS will benefit from it.

This is an especially exciting year to serve as the Vice President, as the duties will slightly change with the potential addition of the President-Elect position in the spring. I will be attending National Conference in Atlanta, GA this November and cannot wait to get to know you all better! Have a wonderful Fall Semester.

Emily Walsh
MARAMTS Vice President

Letter from the Parliamentarian



It has been a hectic, but exciting year for MARAMTS so far! I have been spending my time working with the MARAMTS Executive Board, both past and present, on revising the bylaws. This has included the addition of a President-Elect position and making all the proper adjustments to include this position. These new additions will be presented at Regional Conference and will be voted upon.

Currently, I am starting to get ideas for Swap Shop going. It is likely to be held in a similar fashion to the past two years; schools will be assigned types of interventions to be shared at Regional Conference. Be on the look out for e-mails coming fairly soon with information regarding Swap Shop.

I hope you are all enjoying your school year so far, and I hope to see many of you in Baltimore, MD for the MAR-AMTA Conference in March!

Eden Schutzer
MARAMTS Parliamentarian

Hello Students!

Letter from the Secretary

What an exciting and busy year it has been already. Since being elected secretary at Saratoga Springs, I have had a wonderful time learning all about MARAMTS and working with the executive board and chapter representatives.

My work began right after Regional Conference with contacting the new chapter representatives and taking over the Yahoo! groups and Facebook group. At our summer business meeting the e-board decided to make some new changes including transferring from Yahoo! groups to Google Sites which has kept me busy. Along with this, the executive board created Google e-mails for their positions, which are listed later in the newsletter.

In terms of social media, I have been helping with keeping the facebook page updated along with the MARAMTS website. As of this summer, MARAMTS is on Twitter! Follow us for information regarding updates in the MAR or in music therapy!

Have a wonderful Fall Semester and I look forward to seeing you in the spring!



DeAnna Klapp
MARAMTS Secretary

Letter from the Treasurer



Ashley Carlisle
MARAMTS Treasurer

After taking the office of treasurer in the spring, I have assumed the role of managing our finances by balancing the checkbook, writing reimbursements, and taking inventory on left over fundraising items. I set up a new budget for the year that was approved at Fall Business Meeting.

Recapping on last year's tote bag fundraiser, we raised \$1,502.00! It was a huge success and one of our biggest fundraisers in the past few years. Thank you to everyone who helped sell the bags and to anyone who purchased them. All remaining tote bags are currently being sold online for \$12 (free shipping) or at the AMTA National Conference in November for \$8. You can find the order form online (www.mar-amta.org) or later in this newsletter.

For this year's fundraiser, we will be selling BPA free water bottles! It will have the same, 'Music frees the soul' logo from the tote bags on the front of them. They will be sold for \$8 at the MAR-AMTA Regional conference!

Letter from the Government Relations

Hello MARAMTS! The start to this year has been hectic, yet full of excitement. I would like to start off by saying thank you to all the schools that attended the Fall Business Meeting because, not only were you all great to work with but accomplished so much. This also means that you, and your schools, stayed active in MARAMTS, which is exciting in and of itself. However, our ultimate goal is to have all schools active. Hopefully this can occur in the near future. Be planning your Sister School Advocacy Project (SSAP) for this semester ASAP. We would like to see at least one bonding event and one advocacy project amongst the sub-regions a semester. Remember, you can get reimbursed for these events through AMTAS.

Also, I'd like to take a moment to thank all of those who donated and helped with the canning project at Regional Conference last year. We raised \$500 for Tsunami Relief in Japan. If there are any suggestions for the canning project this year, please contact me. I'm excited to begin work with my committee in preparation for this year's project!

Finally, I have a few updates regarding legislation. Virginia is in the midst of researching legislation to implement in their system regarding music therapy, health care, and related services. Though no legislative proposals are set in stone. They have set up several advocacy days to move the process along.

New York has executed some new legislation in response to the Hurricane flooding region-wide. Not just music therapists, but professionals throughout the state have lost licensure and other documents in the tragic events of Hurricane Irene. Governor Cuomo had set forth Executive Order 21 on September 19th, stating that all charges and fees by the Education Department would be suspended in order to replace all lost documents.

Have a great school year. See you all at Regional Conference!

Melinda Korte

MARAMTS Government Relations

Letter from the Past President

Hello MARAMTS Students!

I hope that your semesters are going well and you are becoming even more excited about the field of Music Therapy as you move through your classes, clinical work, internships, etc.

This year has already been a crazy one! As the Past President, I have been helping the new executive board with their endeavors, from the Summer Executive Board Business Meeting, helping Kaillie Enser transition into Presidency, Fall Business Meeting, to assisting in bylaws revisions. Although I was unable to attend the business meetings due to my internship, I have participated in multiple phone conferences with the Executive Board and have been in contact with the officers throughout the spring, summer, and fall. The Executive Board has been doing an incredible job thus far and I am beyond thrilled and impressed to see all of them stepping up so readily and really taking charge of their positions with enthusiasm, motivation, and professionalism. I look forward to continuing work with them to assist in moving our region forward with the momentum that we have been gaining over the past few years. The new proposed position of President-Elect, will be a huge change for our region but will be extremely beneficial for the executive boards to come and can only contribute to the betterment of our region and our students.

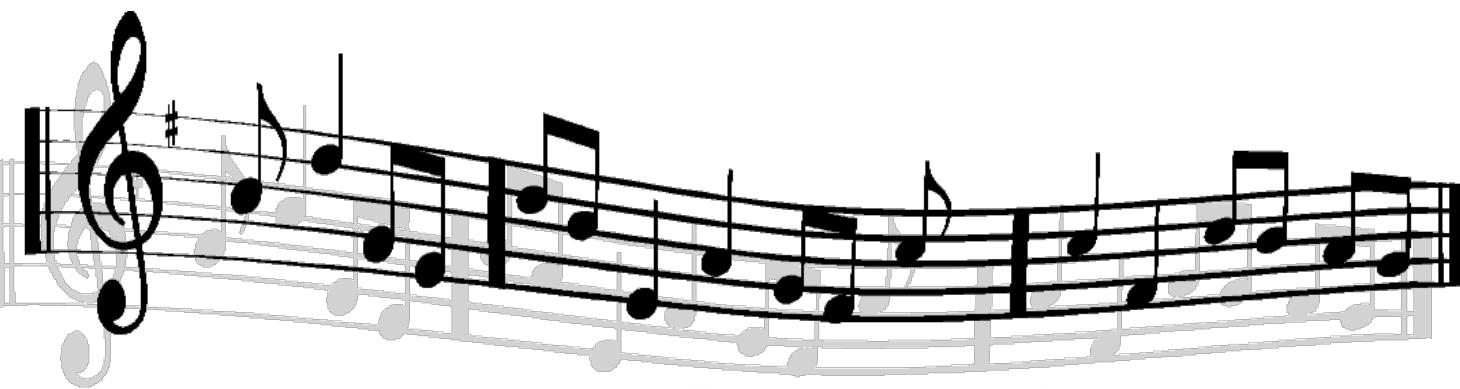
I am excited to attend the AMTA National Conference in Atlanta, Georgia in November to reunite with some of the MARAMTS Executive Board, AMTAS Executive Board, and many others. I hope to see you all there, and if not, I will see you in March in Baltimore.

Stephanie Kawzenuk
MARAMTS Past President

Update from Duquesne University

Duquesne started off the year by having a homecoming booth and advocating for music therapy by having a karaoke event. We celebrated the holidays by caroling to the elderly at Western Psych. During the spring semester, we held a male pageant titled “Mr .Music Man.” The participants were asked to do a dance number, talent portion, and answered questions.

For this coming year, we plan on doing a suicide prevention walk and going to the zoo with Carol Shultis. Later on in November, we are hosting a benefit concert for Make A Wish and donating the money raised to the company. We also plan on doing an advocacy project by going around Pittsburgh and asking people what they think Music Therapy is. We will then do a presentation to the Mary Pappert School of Music. Later in the year, we plan on participating in Relay for Life. We are extremely excited and cannot wait to see what the rest of the year brings us!



Update from Elizabethtown College

Alpha Mu at Elizabethtown College began the year by welcoming first years through a “Big Sib – Lil Sib” mentor program. We also continue to provide music for adults at the Adult Daily Living Center, or ADLC, at Masonic Village. The 30-minute programs consist of interactive music-making with a focused and relevant theme for the individuals. This is a continued volunteer effort throughout the academic year.

We also participated in International Peace Day which occurred on Wednesday, September 21st. Alpha Mu organized a presentation in front of the Student Center which included singing songs and reading quotes on peace from people around the world. With many students, and international faculty in attendance, it made for our biggest crowd yet.

On the same note, we had record attendance at our “Love the Music” Recital. The recital was held at Masonic Village for older adults to enjoy an interactive concert experience. For the college’s day of service known as “Into the Streets,” our theme for the recital was “Love Songs through the Ages.” In December, we work together with Gretna Music and set up a table at a local concert to raise awareness in the community about the benefits of music therapy.

Update from Immaculata University

Since the MAR Conference last March, the Immaculata University Music Therapy Club hosted a number of events to promote music therapy. In April and December, the club hosted coffee houses with open mics. We invited the community to join in an evening of performing a variety of music while advocating music therapy within the students and the public. These events also raised money for the upcoming MAR conference.

The club hosted two October events. The first was a holistic Sound Healing Workshop on October 8th in Oley, PA. This workshop included a chime workshop, chakra toning, and improvisational drumming. The club's second October event was a movie night on October 21st. The movie played was the 2011 film "The Music Never Stopped." The movie was based off of Oliver Sacks' essay "The Last Hippie." During this event, the club had a bake sale to raise money for the club members to go to the MAR Conference this spring.

In December we will have two major events. On December 6th, club members will sing Christmas carols at Camilla Hall, where elderly IHM sisters reside. Finally on December 8th, we will have another club hosted coffee house fundraising for the upcoming MAR conference.

Update from Marywood University

Our club is very excited for the upcoming year. We welcomed 8 new members to our club and a new director to our program. We have continued with our Super Saturday, an advocacy project we do each month. We also have participated in an Autism Walk that took place on Marywood's campus.

We donated a basket to raffle off at a local butterfly walk to raise money and awareness for Cockayne Syndrome. We plan on hosting a drum circle on campus for mental health awareness week as well as a Drums for Jamaica drum-a-thon. A group of students will be attending the Passages Conference in October.

Update from Molloy College

At the end of the Spring 2011 semester our club held our second annual coffee house. We had many musical performances along with some poetry readings. We raised \$367!

At a college club dinner, we were awarded club of the year for the second year in a row. We were rewarded \$1,000. We designed and purchased sweatshirts for the whole music therapy club along with our professors.

During the summer, we held multiple BBQ's as a way to just to get together and catch up.

In the next two months, we are running a karaoke night and our third annual coffee house, which we are looking forward to!

Update from Montclair State University

In the spring of 2011, MTSO held an advocacy dinner where we raised over \$800. During this dinner, musical entertainment was provided by Montclair's music therapy students. We also comprised a video of clips taken on our campus where we asked various students what they thought music therapy was. Later, we showed them what Music Therapy was with clips of clinical work. We donated one hundred dollars to a relief fund for Japan in the name of one of our students'.

This semester, we just plan on doing a holiday CD fundraiser, which was met with much success last year. There will be an insert which explains and advocates and explains music therapy. Funds from this project will be used to send club members to the MAR-AMTA conference.

Update from Nazareth College

At the end of last semester, we held elections for our Executive Board! We are proud to have Kristen Muldoon as our new president, Abby Ritter as our new Junior Chapter Representative, and Kaillie Enser as not only our Vice-President, but also the President of MARAMTS! Over the summer, we began our process of editing our bylaws and updating our constitution. We also set a date for our annual Mini-Conference, to be held this year in February. In addition to our specific club events, Kaillie has been helping to plan the Night of Drumming, as part of the Drums for Jamaica project.

This fall, we had our first meeting, and we were excited to meet our new freshmen and transfer students! We are beginning a peer tutoring and writing program, designed specifically to assist our sophomores and juniors in their clinical writing skills. In addition to this program, we brainstormed for many new ideas, including caroling at the Mother House (the residence of the sisters of St. Joseph, next door to our campus), a music therapy advocacy gig at Wegmans grocery store, and a showing of "The Music Never Stopped" as a club bonding activity. We are looking forward to a great year as a club.

Update from Seton Hill University

Our club is a time for Music Therapy majors to gather and bond through music and fun activities. We have jam sessions, drum circles, bowling nights, and game nights. We are there to support each other.

In order to go to conference, we do many fundraisers that include music therapy t-shirts, bake sales, and concerts. We also try to provide music therapy to the community through sister school events and planning other group sessions with local organizations.

Update from Shenandoah University

Shenandoah University Music Therapy Association has been very busy this semester. We started off the year by having a welcome cook out for our new, incoming students. We continue hosting other social events such as movie nights. Currently, we have over thirty active members.

We are sending five members to National Conference this month and have started raising money for the Regional Conference this spring. Some of our fundraising includes bake sales at school and going to a nursing home, where we perform musical activities twice a month. We also raised money to support the Jamaica Field Service Project by volunteering with a local church as accompanying musicians.

Lastly, we continue to host the Very Special Arts Chimers, which is a handbell choir for adults with developmental disabilities.

Update from Slippery Rock University

Throughout the year we did many club activities. We had a Music Therapy Benefit concert in the fall, which raised awareness to the community and the university about music therapy. We also had a benefit concert in the spring, helping an organization called RAINN.

We did other activities such as Mr. and Ms. Swope, hosted Passages Conference, potlucks to get to know new students, Relay for Life, Up 'til 2 for St. Jude, relaxation for the campus during finals, Vern Miller's presentation for Music Therapy & Technology and drum circles with a special needs class.

This semester we're looking forward to the benefit concert, domestic violence rally, participation in a health fair, and more!

Update from SUNY Fredonia

Things are looking busy for the music therapy department at SUNY Fredonia! To start the semester off, we started our year long bottle drive, where we collect bottles around campus with the proceeds going to the Music Therapy Club. We will be conducting music therapy-type sessions at local nursing homes throughout the semester. We will also be raffling off dulcimers, made by the club.

In October, we will be selling singing telegrams throughout the entire campus for Sweetest Day and will deliver them on October 15th. We will also be having a fundraiser through Pizza Hut, where 20% of each bill will go to the club. During midterms week, we will be coordinating with our Improv Collective and Percussion Guild to put on a midterm week stress relief drum circle, drumming our stress away!

During the month of November, we will have a late-night open mic session that is open to the campus. Some members of the club will be traveling to our sister school, Nazareth College, for their Drum-a-Thon helping fundraise for the AMTAS Drums for Jamaica project.

Update from Temple University

Last year, we ended the semester with an open mic benefit concert to raise money for Philly Urban Creators. Philly Urban creators is a group, started by students, to create a garden in an environment to increase city living sustainability.

This year, we started a whole note/half note mentorship program to welcome the new Music Therapy students. We held a pizza party to kick off this program. Some upcoming events we have planned include: Amy's Walk (a five mile walk to help fight brain tumors), a dance with music provided by a student band to raise money for conference, bake sales, and another open mic at the end of the semester for a charity to be decided upon.

Thank you Chapter Representatives!

Duquesne University:

Christine Burke & Meghan Cuozzo

Elizabethtown College:

Katilyn Anastasi & Carissa Pietsch

Immaculata University:

Sarah Charlton & Chrissy Gallagher

Marywood University:

Megan Dewing & Anna Rennekamp

Molloy College:

Alicia Drexel & Joanna Hearney

Montclair State University:

Christian Clark & Carissa Streuli

Nazareth College:

Kristen Muldoon & Abby Ritter

Seton Hill University:

Emily Baroody & Kelly Phair

Shenandoah University:

Kara Whipple & Jenny Woodruff

Slippery Rock University:

Kara Patton & Kayce Soros

SUNY Fredonia:

Melyssa Masters & Caroline West

Temple University:

Mandy Koch & Chelsea Newcomb



Scholarships available for MAR students

Sophomore Scholarship: Two Available

Recipients receive student membership to AMTA as well as complementary MAR conference registration.

Due Date: November 18, 2011

Junior Scholarship: Two Available

Recipients receive student membership to AMTA as well as complementary MAR conference registration.

Due Date: November 18, 2011

Graduate Scholarship: One Available

Recipients receive student membership to AMTA as well as complementary MAR conference registration.

Due Date: November 18, 2011

Music Therapy Club Award: Two Available

The club must design and implement a music therapy oriented activity in either the college setting or in the community.

The clubs will receive \$250.

Due Date: December 2, 2011

Jenny Shinn Scholarship for Interns and Prospective Interns: Three Available

For interns and prospective interns who will start their internship in 2012 or who have already started their internship and will continue into 2012.

Recipients receive up to \$500.

Due Date: January 27, 2012

For more information visit www.mar-amta.org

Passages Conference 2011: Building Bridges

On Saturday, October 15, 2011 Molloy College and The Rebecca Center for Music Therapy hosted the 8th Annual Mid-Atlantic Region of the American Music Therapy Association Passages Conference. Nearly 100 students and new professionals attended this event. Seasoned professionals also attended to show their support. The student presentations were truly inspiring and covered a wide range of client populations and music therapy approaches.

Our key note speaker, Dr. Brian Abrams took us on a music-centered journey guided by imagery and words into the world of transitions, growth and development. Jenny Fu, co-founder of Passages shared her experiences and offered the history and importance of this student driven conference. Following lunch the attendees joined us as we toured The Rebecca Center For Music Therapy's new state-of-the-art clinic on campus. Following the closing session, everyone was invited to a student "swap shop" where the students were given the opportunity to share musical ideas with each other.

The Passages Conference is a great opportunity for students and new professionals to present their work and share their experiences amongst peers in a supportive environment. Students can gain experience presenting to an audience while also learning from their peers. During the conference a student approached me and said, "I'm going into internship next year and it was comforting and inspiring to hear the presenter talk about her experiences in internship." I believe that this is the core purpose of the Passages Conference. To share, learn, and inspire.

On a personal note, it was a wonderful experience to co-coordinate Passages this year with Kelsey Alvarez from Temple University. This past September marked my sixth year of practice, and I was amazed to see such passionate and motivated students in our field. As a semi-new-professional in the field, it was inspiring to me. Whether a seasoned professional, new professional, or a student, everyone can take something with them from the Passages Conference.



Jill Lucente, MS, MT-BC
Passages Co-Coordinator

Hope to see you next year at Passages Conference!



'Music Frees the Soul' Totebag

\$12

Free Shipping

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Ashley Carlisle at: acarlis108@su.edu or MARAMTStreasurer@gmail.com



Drums for Jamaica

The American Music Therapy Association for Students invites you to participate in an exciting national project to encourage involvement and learning in music across the globe.

After working as student music therapists in a homeless shelter in Port Antonio, Jamaica through the Jamaican Field Service Project we are looking to team up with other music therapy students across the country to make a difference in the lives of the people who call this shelter "home." While leaving the shelter after a session the clients enthusiastically expressed a desire to have drums at the shelter to play. We decided that together we could make this dream a reality. In addition, we would like to use funds collected to purchase drums and other instruments for a music teacher working at the School of Hope in Westmoreland, Jamaica. This site was recently visited by music therapy students this past June and a need for instruments there led it to be suggested potential donation site for this fundraiser. Each quality, handmade Jamaican drum costs between \$100 to \$250. Donations in any amount would be greatly appreciated and will be collected at the AMTA National Conference in Atlanta. A suggested fundraiser to collect donations is to have your school's AMTAS chapter hold an all-night drum-a-thon to collect pledges and donations for this cause. The AMTAS chapter at Nazareth College will be hosting a Drum-A-Thon on November 4th from 11pm-2am to raise money. If you have any questions about the fundraiser or how to begin planning a drum-a-thon please contact Kaillie Enser at MARAMTSpresident@gmail.com.

Thank you!

Kaillie Enser, MARAMTS President

Pictures from Fall Business Meeting



Duquesne University



Marywood University
Elizabethtown College



Immaculata University
Temple University



Nazareth College
SUNY Fredonia



Cosmic Bowling



Molloy College
Shenandoah University



MARAMTS 2011-2012 Executive Board

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