

MARAMTS

From the President

Greetings Students!

WHEW! I think I am still recovering from our MAR Regional Conference in Saratoga Springs, NY—boy was it full of exciting happenings! But before we get to that, here's a quick overview of what has happened this past year in our region.

Thanks to the efforts of our Government Relations Chair, Elaine Vuong from Nazareth College, we had two schools return to "active" status in our region, so welcome back Shenandoah University and Molloy College! Also thanks to Elaine, many more schools organized and participated in the "Sister School Advocacy Project" than in previous years, which pairs up schools in the same sub-region to encourage school interaction and advocacy. We held our annual Fall Business Meeting in Scranton, PA which included all of the Chapter Representatives from each school in the region along with the Executive Board for a weekend of business meetings and bonding. This year we took all of the Chapter Representatives to cosmic bowling, where each school was paired up with their sister school on lanes.

This past November, I was able to attend my first National Conference in Cleveland, Ohio. It was a wonderful experience and it was very helpful and inspiring to be able to collaborate with the AMTAS Executive Board and the other regional boards. At the conference, two students from our region were elected onto the AMTAS board: Jessica Jarvis from Nazareth College was voted in as the 2011 AMTAS President, and I was elected as the 2011 AMTAS Parliamentarian. I am very excited to begin working on the national level and also to represent the Mid-Atlantic Region, which is the largest and one of the most active regions in the country!

At our Regional Conference this spring, 39 students from five schools participated in a Student Service Project Thursday morning before the Opening Ceremonies began. Students were broken into groups and worked with clients at a health care center in Saratoga Springs, servicing pre-school aged clients all the way through geriatrics. The project was an enormous success and the students had a wonderful experience. Students also participated in the annual "Swap Shop" which was run by our Parliamentarian, Leeann Hackett from Elizabethtown College. Chapters were asked to bring a specific type of intervention that could be shared with all of the other students in attendance. It was a fantastic opportunity to share activities and interventions between different schools. Along with Elaine and Leeann, the rest of our 2010-2011 executive board included Kristen Vogt (Vice President) from Marywood University, Katy Capestrani (Secretary) from Slippery Rock University, Leah Rutledge (Treasurer) from Slippery Rock University, and Dr. Susan Hadley (Student Affairs Advisor) from Slippery Rock University.

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Special points of interest:

- Updates from MARAMTS committees and executive board members
- Updates from Regional Music Therapy Student Club and Organizations
- Pictures from the 2011 MAR Conference in Saratoga Springs, NY



"And I was like music therapy ohh! We know you'll always make us feel fine!"

...from the President Continued

The MARAMTS fundraiser this year that was voted on by the chapter representatives at the fall business meeting was tote bags. Little did we know how successful we would be—at conference alone we made over \$1,500 and also sold a dozen to the hotel gift shop for them to sell in Saratoga because they loved them so much. Along with selling our bags, the gift shop will provide information on AMTA, music therapy, and the MAR region and students to help advocate for our profession and organization. Order forms will be also available from the MAR website (<http://www.mar-amta.org>) soon for online ordering.

Our "eMpTy Your Pockets for MTs!" canning project was an incredible success this year to donate funds to the AMTA Disaster Relief Fund for Japan. Attendants at the conference were asked to empty their change into cans carried by MARAMTS students throughout the conference to donate to the relief fund. Between the money collected in the cans and from the MARAMTS Executive Board's donation of \$350, the total amount raised was \$803.50! We are so proud of the efforts of the students and professionals alike.

The last (and most exciting) news from conference was an enormous change that will be coming over the next year. It was proposed by the Executive Board to create the position of President-Elect, in similarity to the AMTAS board and many other regional boards. After much discussion, it was voted on by the chapters of the region and was approved. Over the next year, our region's by-laws will be altered to include this position and at the 2012 MAR conference in Baltimore, Maryland, the first President-Elect of MARAMTS will be nominated and elected.

It has been an absolutely incredible year and I am so honored and proud to have served as your President of the Mid-Atlantic Region. I look forward to serving as the Past-President for the 2011-2012 year and working with our newly elected President, Leah Rutledge from Slippery Rock University.

I wish you all luck in the remainder of your semesters and special congratulations to all of the graduating seniors (I will be celebrating with you!) as we move into the next chapter of our lives and professions. I would also like to thank all of the students for your support this year and for making this past year and conference one to remember. Keep on rockin'!

"And I was like music therapy ohh! We know you'll always make us feel fine!"

-Stephanie Kawzenuk
President, 2010-2011

From the Vice President

Hello, to the MAR! It's been such a great year serving all of you on the MARAMTS executive board. I have learned so much from this experience and have thoroughly enjoyed the opportunity to do so. In saying that, I want to thank all of you, my fellow colleges, for allowing me this opportunity. We have accomplished so much this year and I am confident that the new board will be just as successful.

Congratulations to all of the new board members! I wish you all the best of luck serving our region! While my title of Vice President has been handed over, I will still be active in the region and national level as the student representative for AMTA's continuing education board. If anyone needs anything please do not hesitate to be in contact. Good luck to everyone in the rest of your endeavors and I'll see you in Baltimore, Maryland!

-Kristen Vogt
Vice President, 2010-2011



From the Parliamentarian

This year has brought many new changes for the parliamentarian to work through. MARAMTAS has decided to make a switch to a president elect position for next year, which requires some adaptations to the by-laws. All new by-laws were passed at conference and the executive board will continue to prepare for the president elect position as needed.

The student Swap Shop was a great success this year at conference. Nearly every school in the region participated and demonstrated experiences to share.

-Leeann Hackett

Parliamentarian, 2010-2011

From the Secretary

What a year it has been! I cannot believe that the 2010-2011 executive board have conducted their last business meeting and have passed on the positions. Within the past year I have stayed busy keeping in touch with each of the chapter representatives from every school within the Mid Atlantic Region. My main position was to be the liaison between the executive board and schools, which was such a wonderful experience. Through creating the fall 2010 newsletter, I had the opportunity to learn what each school in the region has been up to, which led me to much excitement! Seeing the passion of students throughout the region, certainly makes me proud to be a music therapy student. As the regional conference approached, I spent most of the spring semester reminding chapter representatives of what needed to be done before and during conference, as well as organizing all past meeting minutes and posting them on the website. The regional conference this year, in Saratoga Springs, NY, was definitely the most exciting conference that I have attended. Networking with students and professionals from all over the region, as well as seeing the ins-and-outs of the business meetings inspired me. My final acts as secretary are to edit the business meeting minutes from regional conference and post them onto the website. I also have the wonderful opportunity to train our new secretary for 2011-2012, Dee Klapp! Congratulations to the new executive board! I have been truly blessed to be a part of the 2010-2011 executive board, and I could not have asked for a better year.

-Katy Capestrani

Secretary, 2010-2011

From the Treasurer

And so ends a great year of MAR-AMTS. I enjoyed every moment of it and I am sad to see it end. As treasurer I have reimbursed all scholarship winners (congratulations to all who received a scholarship!) and I have reimbursed all members of the executive board for reasons such as advocacy costs and clerical costs. I also ordered our 2011 fundraiser which were sold at conference. Our tote bags were a hot item and we made over \$1500!! Thanks to all who bought one!

With the year coming to an end, I found that we had a little extra money in our account and we all agreed that donating it to our AMTS Japan Disaster Relief fund was certainly the right thing to do. Therefore, we presented and voted on donating \$350 at the business meetings. I can not put into words how proud I am to be apart of this project and the MAR-AMTS executive board. I am thrilled to be saying that I will be returning as President of the 2011-2012 MAR-AMTS executive board, and I would like to thank all of you who made it possible!



*Congrats to
the newly
elected
executive
board
2011-2012!*

-Leah Rutledge

Treasurer, 2010-2011

From Government Relations

First off, thank you for letting me serve as Government Relations Chair the past two years. It has been a wonderful experience. Let me recap the amazing things that MARAMTS has done this past year in regards to government relations. Two new schools have become active members of our region: Molloy College and Shenandoah University! (A reminder that in order to become and stay active in the MAR region, your school must send a chapter representative to the Fall Business Meeting.) I look forward to see how the Sister School Advocacy Project (SSAP) continues to work in helping more schools become active in MAR as well as advocating music therapy within our sub-regions.

As for the Advocacy Project, I am very grateful for the committee I had the opportunity to work with this year. They were extremely helpful and flexible while deciding on the organization to donate to. In light of the disaster in Japan, the Advocacy Project Committee came to the final conclusion to can for "American Music Therapy Association's Disaster Relief Fund." By the end of conference, we had raised \$453.50, and with the addition of the MARAMTS executive board donation of \$350, MARAMTS donated \$803.50! Thank you for all of you that donated towards the cause, the chapter representatives for volunteering their time during conference to can, and my fantastic Advocacy Project Committee for all their help! Every little bit counts to our fellow music therapists in Japan. Thank you again!

Finally, as of the end of February, the MAR region has four state task forces: New Jersey, New York, Pennsylvania and the new addition, Virginia! As students, it is never early to prepare ourselves for the professional world. Join your state's task force and be in the know for any important legislative changes that may effect our profession! Again, I am grateful for being able to serve you as Government Relations Chair! I am going to miss working with you, the students, Carol Ann Blank, the MAR Government Relations Chair, and the wonderful 2010-2011 MARAMTS executive board! I am sure to keep an eye out for even better things that will happen from MARAMTS, and I look forward to working with all of you in the real world as music therapists! All the best as you finish off the rest of the 2010-2011 school year!

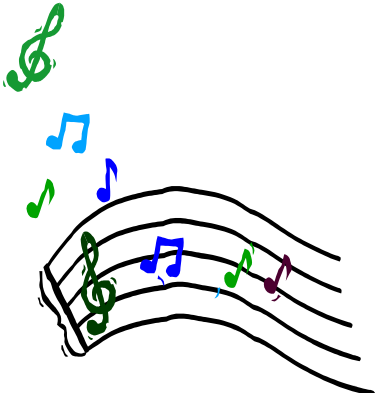
-Elaine Vuong

Government Relations Chair, 2010-2011

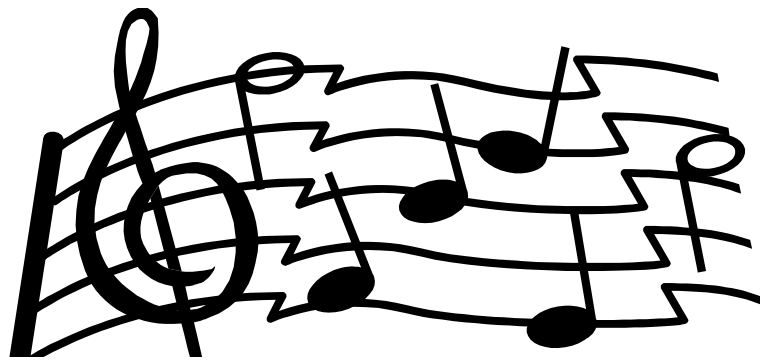
Updates from MAR Schools

Duquesne University

Duquesne's MTSA did a karaoke band fundraiser during our homecoming weekend where we played songs when people gave donations. We had our club represented at national conference in Cleveland, OH, Passages at Slippery Rock, and regional conference in Saratoga Springs, NY. We hosted our annual "Mr. Music Man" pageant as a fundraiser for our club, and had a team present at Duquesne's "Relay for Life". We are also starting a new advocacy project to increase music therapy awareness among other majors within the school of music.



SUNY Fredonia



The music therapy department at SUNY Fredonia has been extremely busy this semester! To start off, we have continued our yearlong can/bottle drive, in which all of the proceeds go to our Music Therapy Club. We also had a booth at our bi-annual, campus wide Activities Night, where students from the entire campus were given a chance to sign up for the club, and learn what music therapy is all about. Come Valentine's Day, the music therapy club sold singing telegrams on campus offering songs such as, "You Are My Sunshine" and "Eight Days a Week."

Our annual Music Therapy Awareness Week was held in February of this semester. Throughout the week, we had local MT-BCs come in and present on music therapy. Some of the topics for this included music therapy in nursing homes, internship in a children's psychiatric hospital, music therapy and Individualized Education Plans and music therapy in Western New York. We had our own guitar professor in on the fun; he taught students the basics of playing guitar, in a seminar titled, "Guitar Hero 101". The week culminated with our Music Therapy Recital and attendance was record breaking this year! At the recital students spoke on the definition of music therapy, the experience of using music therapy in foreign countries, a sample of intervention, a performance by a student on his primary instrument, and a talk on the experience of being supervised. Our large display this year was a boomwhacker ensemble. Some of the club members played the melody to "Under the Sea" while the audience was given boomwhackers to play along with the chords. Throughout the week, we also sold hot chocolate in all of our campus coffee shops, with the proceeds going to Autism Speaks.

During midterms, we thought of having a drum circle to help students beat out their stress. We collaborated with our Percussion Ensemble and Improvisation Collective to make this a success, and many students showed up to beat out their frustration!

We were able to send five of our students to this year's MARAMTA Regional Conference. While there, we took part in the Student Service Project, with three of our students leading a group of older adults, and two of our students co-leading a group of older adults with two other students from Slippery Rock University.

We are finishing up the year strong by selling Autism Awareness wristbands and sending those proceeds to Autism Speaks. We plan to tie-dye our music therapy club t-shirts and create a new music therapy banner to be used at our events.

We would also like to mention that this year we were deeply honored to have received the annual MARAMTS Club Award. We have worked extremely hard to promote music therapy in our school, and will



Congrats to all
award recipients!





Howard University

I would like to send greetings to each and every one of you from Howard University. We have been very busy this year doing many activities and projects. Our students are very active in various ensembles and other organizations on campus that prevented us from attending the MAR-AMTA Regional Conference in New York this spring. However, we will be instrumental with organizing preparations for next years conference in Baltimore, MD. As a club we have hosted several events this year. Terel Jackson NMT, MT-BC, a 2005 graduate of Howard University presented a lecture about Neurologic Music Therapy. The event was a success and very informational. We hosted a Saturday workshop entitled "Let's Make Music" sponsored by AMTA. This program encouraged parents of special needs children to learn more about music therapy and how it will positively affect the public school system in years to come. We are proud to announce that our only graduating senior, Marianne Rasmussen is enjoying her internship at the Sunshine Terrace Foundation in Logan, Utah. We wish her the best of success for the rest of her months there. In the Fall of 2011, we will be rejuvenating our Music Therapy Club and will be the catalyst for students to understand and appreciate the wonderful work that Music Therapy does for people.

Marywood University



Marywood has had a busy semester. We started off with our annual fundraiser, the Mr. Marywood male beauty pageant. It was our most successful one in the past few years. We sent fourteen of our club members to the regional conference and had a blast with all of you! We held our annual drum circle at "Release the Light," Marywood's sexual assault awareness program. We are excited to have two club members that will be graduating this year and moving on to their internships. Unfortunately we will be saying goodbye to our director and advisor, Sister Mariam Pfeifer, as she is retiring this year. We look forward to seeing all of the chapter representatives and executive board members in the Fall semester for the Fall Business Meeting! We hope everyone has a great summer!

Molloy College

At the end of last semester, several of our club members participated in a community service project at Fulton Commons Care Center, a local nursing home, where we performed a holiday concert. During the spring semester, we had several new members join our chapter, bringing our number to just shy of 30.

We participated in International Day, a buffet-style food sale on campus, and all proceeds were donated to charity. We also raised \$125 to sponsor a shavee at St. Baldrick's Day, benefiting children's cancer research. We held an informational and experiential workshop on music therapy with other clubs on campus, including the Psychology Club and LEAD – a club for students with disabilities. Music therapists from The Rebecca Center for Music Therapy also spoke at the workshop.

On April 8th, Montclair and Molloy sponsored a quantitative research conference at Molloy, with esteemed guest speakers from the field.

We recently hosted our second coffee house/open mic night on campus – featuring students, faculty, and staff from Molloy as performers. Through the sale of coffee, baked goods, and our rubber "Music Heals" bracelets, the club raised \$360. We plan to use this money to send more students to conference next year.

With the election of a new executive board for our chapter, we look forward to hosting more awareness activities both on campus and in our community.



Nazareth College

This semester, AMTAS-Naz Chapter has been incredibly active. We held a mini-conference in the end of February, open to all students, faculty, and local professionals. It included drumming experientials, panel discussions, and a performance by The Handmade Orchestra. Our club also held a campus-wide drum circle to support the grieving process after the untimely and sudden death of a Nazareth College student. We held our annual Night of Jazz, featuring a live blues band, which attracted many Nazareth students beyond the music department. We also held a benefit night at Ben & Jerry's which raised \$300 to help send 22 of our club members to go to the MAR-AMTA Conference in Saratoga Springs. Finally, on behalf of AMTAS-Naz Chapter, two of our club members spoke at an Autism Awareness event about the benefits of music therapy for children with Autism. We look forward to more events, fundraising, and volunteering in the Fall!

Seton Hill University

Seton Hill reports that their Music Therapy Club Activities for the 2010-2011 school year include:

- Valentine Day's Concert
- Drum Circle/Sing-a-Long in Community & on Campus
- Host Sister School Event
- Bowling Night
- Bake Sale
- Attending Both National & Regional Conference



Shenandoah University

This year the Shenandoah University Music Therapy Association has been very successful. We sent 19 people to National Conference in Cleveland, Ohio and 13 to Regional Conference in Saratoga Springs, New York with the help of our many bake sales, t-shirt sales, a car wash. We formed a team for this year's Relay for Life event, and our school just hired a third teacher to the music therapy program to start in the fall. We also have a contract with one of our local nursing homes for our group to provide services for them twice per month. Now, we are currently starting up a "Penny War" fundraiser and are looking forward to the upcoming activities this fall, including National Conference in Atlanta, Georgia!

Slippery Rock University

Slippery Rock University's Music Therapy Club has had a very active spring semester. In February, we held a "Mr. & Ms. Swope" competition. Swope is the name of SRU's music building, and the competition was a comedic mock beauty pageant to help the club raise money for the MAR-AMTA conference, at which 14 members were present in March. Also at conference, Leah Rutledge was elected as the 2011-2012 MAR-AMTS President and Dr. Nicole Hahna was elected as MAR/MAR-AMTS Student Affairs Advisor! We are very proud of them both! Also in March, the club held a benefit concert for RAINN (Rape, Abuse, Incest National Network) that incorporated dance, music, acting, and art and was a campus-wide collaborative effort with different departments. Lastly, in April the club participated in the American Cancer Society's Relay for Life and raised \$630 dollars for the ACS by collecting donations and sponsoring a music department Penny Wars and on-site Song-gram Jukebox the night of Relay. The new officers for next year are Vicky Culp (President), Ashley Taylor (Vice-President), Shauna Mitchell (Treasurer), Cecilia Bartosciewicz (Secretary), Sarah Harrison (Parliamentarian), and Megan Neil (Historian). Congratulations! The club also attended the Duquesne-Seton Hill sister school event. It was a great year and new chapter representatives Kara Patton and Kayce Soros are looking forward to a new year of MAR-AMTS!





Temple University

Temple's music therapy club had a semester full of new things! This semester, we paired up with Community Partnership School, a private, non-profit school in North Philadelphia that seeks to provide an education full of opportunities to low-income, low-wealth families that would otherwise have none. Ten of our members went to the school's Friday Morning Meeting, where we did several musical activities with the students. Throughout the semester, small groups of club members have gone back to volunteer in the after school program, doing interactive music experiences with smaller groups of students. Four of our jazz percussion students hosted an on-going percussion workshop for music therapy majors. We have also had a year full of fundraising! Along with our Tuesday bake sales, we recently hosted a *Grilled Cheese plus Jazz!* event where we served grilled cheese, tomato soup, and delicious desserts while a combo of music therapy jazz students played. Right now the club is working on creating a peer supervision group for recent graduates, a "Half-note/Whole-note" mentor program, and a welcome back barbecue for the fall! Our semester will close with our bi-annual benefit concert!

MARAMTS Officer Information

2010-2011 Officers

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Parliamentarian: Leeann Hackett
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Treasurer: Leah Rutledge
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Government Executive: Elaine Vuong
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2011-2012 Officers

President: Leah Rutledge
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Past President: Stephanie Kawzenuk
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Vice President: Kallie Enser

Student Affairs Advisor Dr. Nicole Hahna

Secretary: Dee Klapp

Parliamentarian: Eden Schutzer

Treasurer: Ashley Carlisle

Government Executive: Emily Walsh



2010-2011 Executive Board



2011-2012 Executive Board